

EContra One-Step[®]
(Levonorgestrel) Tablet, 1.5 mg

EContra One-Step[®] Is Here for You



Your Quick Guide to EContra One-Step[®]



The **#1 sold morning-after pill** in U.S. clinics.¹

EContra One-Step is a **morning-after pill** – or backup birth control method – that helps prevent pregnancy when taken within **72 hours (3 days)** of unprotected sex or a known birth control failure.²

Brought to you by

afaxys[™]
pharma

Here's What You Need to Know

EContra One-Step®
(Levonorgestrel) Tablet, 1.5 mg



- ✓ Low-cost, single-tablet dosing²
- ✓ No prescription or ID required³
- ✓ Compares to Plan B One-Step[®]
- ✗ Won't work if already pregnant²
- ✗ Won't affect an existing pregnancy²
- ✗ Shouldn't be used as regular birth control²



When taken as directed, 7 out of 8 women who would have become pregnant will not.²

Where You Can Find EContra One-Step®

EContra-One Step is available at your student health center, community health center, and Planned Parenthood.



Be prepared by keeping EContra One-Step on hand. You can stash it in your nightstand or bag!

Plan B One-Step® is a registered trademark of Foundation Consumer Healthcare.

Frequently Asked Questions

When should I take EContra One-Step®?

Within 72 hours (3 days) of unprotected sex. The sooner you take it, the better it works.²

Will EContra One-Step protect me against sexually transmitted diseases (STDs)?

No, it will not protect you against STDs or HIV (AIDS).² Only condoms can protect you from STDs.⁴

Are there any side effects?

Side effects may include changes in your period, nausea, stomach pain, tiredness, headache, dizziness, and breast tenderness.²

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Over 2.5 million
have been sold
in the U.S.^{1*}



*Total sales for both EContra® EZ and EContra One-Step®.

Brought to you by Afaxys Pharma, a leading provider
of oral and emergency contraceptives in U.S. clinics.⁵



Scan this code or visit
[econtraonestep.com](https://www.econtraonestep.com) to learn more.

References:

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3. Haeger KO, Lamme J, Cleland K. State of emergency contraception in the US, 2018. *Contracept Reprod Med.* 2018;3:20. <https://doi.org/10.1186/s40834-018-0067-8>
4. Planned Parenthood. Birth Control Pill. Accessed May 26, 2021. <https://www.plannedparenthood.org/learn/birth-control/birth-control-pill>
5. Data on File. IQVIA Data; 2017-2020.